Urban Girl Bakes

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Meal Plan Friday #1

DAY	RECIPE	SIDE SUGGESTION
Monday	Texas Fajitas, from Sustaining the Powers	**Mexican Rice or Refried Beans**
Tuesday	Grilled Sriracha Chicken, from Miz Helen's Country Cottage	**Side Salad**
Wednesday	20 Minute Cheesy Veggie Pasta Bake	**Garlic Bread**
Thursday	Skinny Beef Stroganoff, from Live Laugh Rowe	**Green Beans or Steamed Broccoli**
Friday	Spicy Black Bean Burgers, from Love Bakes Good Cakes	**Tater Tots or French Fries**
Saturday	Hawaiian Chicken Salad, from Spoonful of Flavor	**Crackers and Fruit Salad**
Sunday	Blackened Tilapia Taco Bowls	**Tortilla Chips**
Dessert	Raspberry Jam Oatmeal Bars	

Shopping List